Did you know, that as a Georgia Baptist Minister, you have several invaluable resources available to you?



Retreats for Pastors and Staff

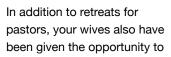
The Georgia Baptist Mission Board offers a variety of retreats for pastors and other ministry staff each year.

These retreats are a time to rest and be renewed while also providing you an opportunity to connect with other like-minded ministers or just reconnect with your spouse.

Each of these retreats is offered twice a year, once in the spring (typically on Jekyll Island) and once in the fall (typically at Lake Lanier).

We believe so much in the value of these retreats, that we want to offer a special deal for the ministers of the POBA. If you attend one of these retreats, we will reimburse your registration fee on a first come, first serve basis. Why? We love you guys and want to make it as easy as possible for you to attend.

Retreats for Minister's Wives.





get away and worship with other ladies who know the stresses and blessings that come with being a pastor's wife. This retreat is offered once a year.

Other Resources

Financial Planning

Guidestone Financial is available to help with everything from retirement planning to insurance. For more information, you can visit them online at www.Guidestone.org.

Counseling Services

Eagle's Landing Counseling Center provides professional counseling for pastors and their families through a limited number of scholarships. For more information, please visit them online at www.ELCCC.org or call them at 678-289-6981.

Mediation for Church Conflict

Sometimes conflicts arise that need an outside perspective. If you need mediation, you can contact the GBMB Pastor Wellness department at 770-936-5380.

Personal Retreat Locations

Here are some locations that offer space for pastors and their families for vacation or just as a retreat.

Pinnacle Retreat Center (Clayton, GA) www.pinnacleretreatcenter.com 706.782.3231

Stillwater Pastor Retreat (Arabi, GA) www.stillwaterpastorretreat.com/contact

Eden Ridge (Crab Orchard, TN) www.edenridge.org 920.538.2947

Shekinah Ranch (Tabernash, CO) www.shekinahranch.org 970.726.4494

Welcome to Minister Wellness



PIEDMONT OKEFENOKEE
BAPTIST ASSOCIATION
MINISTER WELLNESS

What is Minister Wellness?

Minister Wellness is a fairly new piece of the Piedmont Okefenokee Baptist Association. We have always been trying to find ways to serve the ministers of the POBA and their families, and we want to take it to another level.

We believe that ministers tend to focus so much on their churches that it can become easy to overlook the need to care for themselves as well. This can lead to physical, relational, emotional, and spiritual weaknesses that can become problems down the road.

Our hope is to take steps now to identify those weaknesses. We want to offer ways for you to connect with other pastors and ministers in our association that can become friends and even partners in ministry.

The hope? That the body of Christ will become stronger and that we can become an "army" devoted to encouraging each other, equipping each other, working with each other, praying for each other. In other words, we want the Church to be healthy...in every way possible!

Minister Wellness Values

Minister Wellness is rooted in the understanding that we, as ministers and pastors, need to be healthy in three key areas in order to be the most effective.

- We need to guard our physical health.
- 2. We need to find people to lean on so we can find rest.
- We need to learn to pace ourselves in order to prevent burnout.

This is the heart behind Minister Wellness.

Why Should I Participate?

No Man is an Island

Regardless of how we feel from time to time, we are not alone. It can be easy to forget that. In ministry, we need to be reminded on a regular basis that we are part of something infinitely larger than us. When we gather with other people we find encouragement, are re-energized, and have support when we need it most.

Lunch Gatherings

Every couple of weeks, our Team Leader, Tim Corey, and Associational Missions Strategist, Greg Benfield connect with ministers in one of the counties represented in the POBA over lunch. These lunches are specifically for the purpose of building relationships *at no cost to you!*

Social Media Groups

Social Media is a HUGE part of how we connect with each other now.

In order to embrace that



idea, we've created a *private* Facebook group designed to be a place where we can connect with each other and also let you know what is happening in the state as well as the POBA. We would love to have you join us at: www.facebook.com/groups/ministerwellness/

Future Events

Our desire is to offer other events, throughout the year, where the ministers of the POBA, and their families, can gather and get to know each other a little better. Why? Sometimes, this life can feel lonely and we need to remember that we are not alone.

Minister Wellness Leadership

Minister Wellness is led by Tim Corey.
Tim has served in ministry starting in 1994 and has been the pastor at Sweetwater Baptist for the past eight years. During his 28 years of ministry, he has also served as a youth pastor and music minister in other churches.



He and his wife, Raquel, have been married for 20 years. During that time, their family grew from two five as God blessed them with three beautiful daughters aged 16, 12, and 8.

Tim would love to get to know you and be an ally for you as you continue to help grow the Body of Christ. You can get in touch with him by using either method below.

phone: 912-288-1130

email: timcorey@sweetwaterwaycross.org

Piedmont Okefenokee Baptist Association

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